



ThinkHealth News 2023

Software Thinking and Standing with You









Agency Events and News

We hear all day about the importance of self-care, but that's not where real change is made. When you're raising a child with mental health challenges, self-care feels like a million miles away. Let's be honest, it can be a struggle to keep your head above water! Join to learn new skills.



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This free deeply engaging worksop is your missing link if you want to integrate all the things you've done and know! You will be given the tools and methodologies, guided through embodiment processes and held in the sacred space to transform your wounded story, trauma-based narratives and suffering into the growth and integrative healing you long for (for you and your clients).

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Attention all men! You are cordially invited to attend the upcoming Men's Health Symposium on June 24th, 2023. There symposium will focus on using Luke 17:20-21 to provide guidance on Fatherhood, Mentoring, and Mental Health. This powerful scripture reminds us that the Kingdom of God is within us and that we have the power to make positive changes in our lives.



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TSBIRT (Screening, Brief Intervention, and Referral to Treatment) is an evidence-based, comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use and behavioral health concerns. Focusing on implementation in schools, this highly interactive training introduces the skills and information needed to provide SBIRT services in a prevention focused way. The SBIRT model and skills discussed in this training can also be used to help guide referral and identification efforts for prevention providers.

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Customers Hot Topic

OKSHINE has updated exemption requirements. <u>Check them out!</u>

May 22, 2023, the Senate Administrative Rules committee passed SJR22, which is a resolution to disapprove the proposed administrative rules of several state agencies.

Click Here for More SJR 22

Bill HJR1045 was introduced then passed by senate May 25, 2023. Approving and disapproving certain proposed permanent rules of state agencies; disapproving certain rules; distribution.

Click Here for More HJR 1045

Unlike HJR1045, SJR22 does not disapprove the rules related to the Health Information Exchange. HIE falls under the Oklahoma Health Care Authority.

SoonerSelect

Most SoonerCare members will get their health care services covered in a new way next year – through health and dental plans. You will be able to pick between three health plans: Aetna Better Health of Oklahoma, Humana Healthy Horizons of Oklahoma and Oklahoma Complete Health. You can pick between two dental plans: DentaQuest or LIBERTY Dental. If you qualify for HIS you may join a plan or remain on your current SoonerCare plan.

Click Here for More SoonerSelect

Ethan Harrer is walking with purpose for Mental Health

From Cincinnati to Cleveland. Ethan Harrer, 20, of Massillon, is raising awareness and funds for mental health. Within three days, he'd met his goal of \$2,500, meant to represent the roughly 250-mile trip he's making.

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Central Ohio author is writing a book series to help children with mental health

Cathy Studer is writing a series of books designed to teach children the attributes needed to deal with life's pain in a healthy way. COLUMBUS, Ohio — A central Ohio author and children's advocate said she sees an unaddressed mental health crisis among children.

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OKLAHOMA ATTORNEY GENERAL SIGNS NON-ENFORCEMENT AGREEMENT ON HEALTH CARE BAN FOR TRANS YOUTH

Governor Kevin Stitt signed SB 613 into law today banning all irreversible gender transition surgeries and hormone therapies for children under the age of 18. Bill SB 613 bans all forms of gender-affirming medical treatment for transgender adolescents and threatens providers who violate the law with a felony conviction and discipline from their professional licensing boards.

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ODMHSAS Unveils Harm Reduction Campaign With Life-Saving Vending Machines

Oklahomans will soon notice eye-catching vending machines containing Naloxone and Fentanyl Test Strip Kits in highly trafficked areas in their communities. The campaign kicks off with the distribution of more than 40 unique vending machines placed in strategic zip code locations where overdose prevalence is high, making this the largest-scale initiative in the U.S.

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Mark Your Calendar

June 2

National Donut Day

<u>June 6</u>

D-Day - Operation Overlord

June 8

National Best Friend Day & World Oceans Day

<u>June 18</u>

Father's Day

<u>June 19</u>

<u>Juneteenth</u>

<u>June 21</u>

<u>International Yoga Day</u>

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